

**EXAMPLES OF****REAL LIFE PROBLEMS: FOR YOUR INFORMATION  
PLEASE DO NOT TRY TO GET INTO THIS MUCH DETAIL WITH  
THE CUSTOMERS****Fibromyalgia**

The combo will help with the building of your own opioid system which is your internal pain management chemistry. As you improve that, you should improve your ability to deal with the pain. Our product does not treat nor "manage" fibromyalgia.

**Drug testing**

Neu-Becalm'd will not show up in a drug test unless you are taking with cocaine, heroin, alcohol or marijuana.

**Child on ADHD medication:**

13 YEAR OLD MALE 70 POUNDS  
THEY PUT RIDILIN PATCH AT 6:30 AM TO 4:30 PM TO GET HIM TO SLEEP  
AT 6:30 PM CHILD IS GIVEN 10MG CLONODINE AND HE GOES TO SLEEP AT  
9-10PM  
PLEASE ADVISE HOW MANY AND WHEN TO GIVE BE-CALM

**Answer:**

The problem gets to be that they are giving him a stimulant in the morning and a "depressant" at night. Taking becalmd will not overcome these meds. If they want to use it with them they must wait 3 hours after the morning ritalin and again 2 hours before the clonidine. I would suggest only 1 each time and watch for any unwanted side effects such as increased hyperactivity. If they get to the point they want to taper off the meds then we can suggest a different regimen.

**Customer phone inquiry:**

A customer called and said her husband is taking GABAPENTIN. He is using this for nerve pain. She wanted to know if he could take Neu-Becalm'd with this?

Answer:

Neurotin, Gabapentin is the generic, is used to treat various things like convulsions and types of "nerve" pain. It does NOT act on the GABA receptor but works on calcium channels. No problem with our products.

**SUGAR CRAVINGS:**

L-glutamine 500mg 2x day will literally kill sugar cravings

**Customer inquiry:**

Would you please tell us which "side" of the bipolar is most difficult for you, the mania (high energy) side or the "down" side when the mania wears off. If I know which to most effect I can recommend a product best suited. Thanks, TN, NGI consultant.

**Customer:**

The down side is more difficult and much more frequent. Also, I would like a supplement to help with mood stability. I have used Lamictal and Depakote and do not want to start back up with either of these.

And, just as a reminder, I am type 2 bipolar and taking 50mg Zoloft daily.

Thanks

**Response:**

would start with 2 Becalm'd in AM and 2 in mid afternoon. Be sure to keep 2-3 hours between meds and Becalm'd. It will take a week or two for you to notice something. In the meantime watch for any unpleasant things happening as you do this. Not likely but good to watch for. Eventually we can design a program that may mean more than 2 but first lets see what is going to transpire. The 5htp in the product will help with mood and will, in fact, make the zoloft more effective. Just don't take them at the same time. T